

In this issue

- 1. Stop press 2. 100th InZert 3. Deb Hall
- 4. Award Presentations
- 5. Zonta Birthing Kit Assembly Day
- 6. Astrofest 7. Helen Margaria
- 8. Conference Pictorial Display
- 9. Hamper Items 10.ZI Headquarters
- 11. Four Nobel women!
- 12. Vale Kay Poustie 13. Diary Dates

Club Meetings

- o Second Thursday of the month (except January)
- o 6.15pm for 6.45pm
- o St Catherine's College, UWA

Apologies

- o By 12 noon previous Monday
- o To Karina Moore via zontaperth@yahoo.com.au

Contact us

- o zontaperth@yahoo.com.au
- o www.zontaperth.org.au
- o PO Box 237
- o Nedlands WA 6909



Yarri Wada has already helped these young women at Mowanjum...

1. Stop press - \$200,000 to Yarri Wada?

Keep your fingers and toes crossed! Fiona Crowe, Leah Umbagai (Derby) and the Yarri Wada team have been 'pitching' with Healthway and Lotterywest for \$200,000 to fund a full time youth co-ordinator for the Mowanjum community for two years... Let's hope your hard work pays off as it will make a huge difference to so many people..!

2. 100th Edition of InZert – how it all began

Margaret Medcalf

For most of its existence the Zonta Club of Perth has issued a newsletter of some sort to its members. A near complete set is held in the Batty Library.

The first newsletter came out just six months after our inauguration. It was called the *Club Bulletin* and included the President's speech given at our Charter dinner on 5 April 1972. There were five issues between June 1972 and December 1973. A hiatus followed until a *Broadsheet* appeared in 1978-79. Unfortunately there are only two issues of this extant. Then in 1980 *WAZ (West Australian Zontian)* was published and this continued spasmodically until March 1985. Next we had *WAZ BUZZ* commencing in June 1985 continuing through to issue 10 in March 1987.

Perth Newz commenced with no. 1 in Nov/Dec 1987 and continued to no. 11 in April 1990. One further issue of *Perth Newz* came out as no.1 in December 1993 but then ceased. Running concurrently with *Perth Newz* and issued with it as an insert was the appropriately named *Perth InZert* commencing at the same date with no. 1 Nov/Dec 1987. It consisted of one sheet which contained reports from the Board and the various Committees together with some internal announcements.

In October 1988 the Club was struggling to keep up these publications and a questionnaire was issued to ascertain members' views. The response was strongly in favour of their continuation and sponsorship was sought within the Club membership. Despite this there was only one further issue of *Perth Newz* and that not until December 1993. However *Perth InZert* continued as a monthly publication until no.33 in April 1991 and then unnumbered issues (one in 1991, two in 1992 and five in 1993).

In October 1994 the title was shortened to the present one and about eight issues were published up to 1997. From June 1997 vol. 1 issue 1 *InZert* was published monthly omitting January and occasionally missing another month. From May 2000 it became two-monthly and then quarterly, up to issue 42 in February 2004. While *InZert* was not being issued monthly an information sheet called *InZert Extra* was issued electronically during 2001-2002.

In May 2004 (issue 43 of *InZert*) a New Look *InZert* was launched to be produced monthly and in colour and this continued as promised until recently when it once more has become two-monthly.

Production of a club newsletter is a time consuming and difficult task. Computers have eased the pain somewhat and added a professional touch. We should be grateful to all past editors for their labours. However the Club owes a particular debt of gratitude to Carole Theobald who has been responsible for *InZert* since July 2000. It must be with great relief that she has now handed over to our present editor Gillian Palmer.

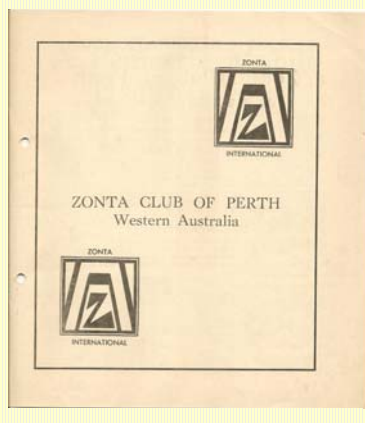
ZONTA INTERNATIONAL
Zonta Club of Perth
CLUB BULLETIN JUNE 1972

OFFICERS OF THE BOARD

- President: S. Fletcher
- President Elect: J. Coika
- Vice President: A. Kennedy
- Secretary: S. Glue
- Treasurer: M. Medcalf
- Director: Leslie Anderson
- Director: Barbara Hale

COMMITTEE CHAIRMEN

- Service: Margaret Johnson
- Finance: Susan M. Fletcher
- Fellowship Programme: Jane Lewis
- International Relations: Dr. Helen Watson
- Membership Classification: Susan M. Fletcher
- Attendance: Susan M. Fletcher
- Public Relations: Leslie Anderson
- Status of Women: Barbara Hale





Carole Theobald welcomes Deb Hall to Zonta Club of Perth

3. Induction of new member:- Deb Hall

Deb was raised in the UK in Kenilworth, near Stratford on Avon. She lived and worked in New Zealand for 8 years - 4 in Wellington and 4 in Auckland. She has been in Perth for 8 years and loves it so much that she is applying for Aussie Citizenship next year.

Deb started her professional life as a chemist, before working in IT and then Change Management. She has worked in China and later set up her own business in UK providing cultural awareness training to European global leaders working in China.

Deb was an active member of the Zonta Club of Swan Hills for five years, having held most executive positions including Club President for a short time. She has transferred to our club, as she now spends more time in the city and it is more convenient to attend our meetings. The Service and Advocacy team are very pleased to welcome such an experienced Zontian to their team.

4. Award Presentations

The October meeting was a night of acknowledgment and members were privileged to meet and listen to the stories Jessica, Sherry and Deanne - of our three awardees.

Jessica Sherman - Young Woman in Public Affairs Award 2009 (YWPA)

Jessica is very involved in student activities and interested in world events. She is a student counsellor and hopes to have a career in early childhood studies or counselling. Jessica has raised money for PMH, volunteers with Youth Focus and is helping with a website educating children throughout the world. She will use money from the award to help a doctor in Bali treat women and provide education to reduce health related problems in Bali.



L-R: Lorraine McLean, Jessica Sherman and Carole Theobald presenting the YWPA Award

Sherry Maso - TAFE Education Award 2009

Sherry has an interest in homeless people and aspires to make a difference to their lives. Sherry is currently enrolled for a Diploma in Community Services and plans to work in a refuge centre on graduating next year. She encouraged us all to 'be the change we want to be in this world' and shared a delightful and inspiring poem.

*If you think you are beaten you are,
If you think you dare not, you don't
If you like to win but you can't, it's almost a cinch you won't
If you think you'll lose, you're lost
For out in the world we find
Success begins with a fellows will
It's all in the state of mind
To reach your goals, you've got to think high to rise,
You got to be sure of yourself before you can the prize,
Life's battle don't always go
To the stronger or faster person,
But sooner or later, the person who wins
Is the one who thinks they can!*



L-R: Tricia Summerfield, Sherry Maso and Carole Theobald presenting the TAFE Award

Deanne Johnston - Education Award 2009

Lorraine McLean

The recipient of the **University Education Award for 2009** was Ms Deanne Johnston. Deanne was a mature-age student at Curtin University where she achieved her long-held ambition to complete a degree in education that would enable her to teach in primary schools in Western Australia.

Deanne is the mother of two children: a daughter now aged 14 years and a son aged 12 years. Throughout her studies Deanne's parents travelled from Adelaide to care for the children when Deanne was involved in the practicums for her course. However, they felt unable to assist for the long term practicum of eight weeks needed to complete the degree.

Deanne's son is affected by Downs Syndrome and needs constant supervision. Although her daughter has always been very supportive it was considered unfair to expect her to take full responsibility for her brother before and after school. Therefore a carer/sitter needed to be employed. Deanne sought assistance from Zonta to do this.



L-R: Lorraine McLean, Deanne Johnston and Carole Theobald presenting the Education Award.

The Awards Team considered Deanne's application very carefully and came to the unanimous decision that her needs fitted the criteria for this award. As was evident from Deanne's presentation at the Zonta Club meeting she has worked very diligently to achieve her goal. What she did not mention was that this had been achieved under rather exacting circumstances.

Congratulations Deanne and best wishes for your future success!

5. Zonta Birthing Kit Assembly Day Oct 4th 2009

Wendy Atherton

Many Zonta Clubs throughout Australia, are now involved in assembling simple birthing kits to be sent overseas. The first trial occurred in 1999, when 100 were sent to Papua New Guinea. Since then over 400,000 kits have been sent to 27 countries.

The Birthing Kit Foundation [Australia] has administered the Zonta Birthing Kit Project since 2007. Funding has been by grants from AusAid and donations from Zonta clubs, many groups and individuals. Kits have gone to places like Ethiopia, Uganda, Kenya, West Timor, Madagascar, Tibet, Afghanistan and Vietnam.

Every year 120 million women give birth, 86% of which are in developing countries. Within these developing countries, 60 million either have no assistance at all or have some local traditional assistant to help them. The result has been 500,000 die annually from infections, tetanus and haemorrhaging.

These Birthing Kits are saving many lives by providing for a clean birth. They consist of a 1m square of plastic, soap, latex gloves, umbilical cord ties, scalpel and gauze squares. Each kit costs \$2.

On October 4th the Zonta Club of Perth assembled 1000 Birthing Kits, which are now on their way to Afghanistan. The assembling took place in the St. Catherine's College in Nedlands. This is a resident College attached to the University of W.A.

The Zonta Club of Perth received wonderful support from the Community Service group of St. Catherine's. Our Zontians were joined by 44 enthusiastic volunteers, all giving up part of a precious Sunday. Everyone worked quickly and efficiently and there was a great feeling of a worthwhile achievement. These kits were packed into five large bags and the Postal Service ensured they went straight to an Australian Air Force base and thence to Afghanistan.



Lennie McCall and Marg Giles busy folding plastic.



Jeeana Atmarrow (St Cat's) and Diana Rigg with a group from St Catherine's



Freda Jacobs and Hal helping sort out supplies

A BIG THANK YOU TO EVERYONE WHO HELPED



Everyone busy at the Birthing Kit Assembly Day



Wendy, in her garage, with the full bags

6. Astrofest – the biggest astronomy event ever!

Given that the Amelia Earhart Award is for aerospace activities, why not learn a little more about astronomy yourself in this 'International Year of Astronomy'.

"Rain, hail or shine this FREE event will be astronomically awesome" says the flyer and with daytime sun observing and night time celestial observing, talks, displays, solar cookers, rocket displays – it promises to be a day to remember. So get on down to the Astrofest at the new Curtin Stadium at Curtin University on Saturday 28 November 2009 from 2pm to 10pm. Take a look through some of WA's biggest telescopes or bring your own telescope along for some expert advice and assistance. See www.astronomywa.net.au for more information.





Helen Margaria

7. Congratulations to Helen Margaria - Royal Perth Hospital Employee Of The Month

This month's Wellington Street Campus employee of the month is Head of Occupational Therapy, Helen Margaria.

As the Head of Department, Helen always leads by example and performs her role with integrity and professionalism. Helen's decision making process is always transparent and fair. She does not tolerate any disrespectful behaviour towards patients or staff.

Helen encourages continuous learning and supports her staff with post graduate research and training. She continually encourages her staff to conduct quality improvement projects and research.

Congratulations Helen!



The static Pictorial Display...



...was complemented by the dynamic PowerPoint rolling display

8. Conference Pictorial Display

Lennie McCall

The District History and Archives Committee, chaired by Lennie McCall, was formed in 2006 and has as its brief a consideration of how District 23 might celebrate its 50th anniversary in 2016. In order to make Clubs aware of the importance of their archives an exhibition of Club photographs was mounted at the District Conference in Hobart in 2007 and a further exhibition was on show at the recent District Conference in Ballarat.

Each of the 45 Clubs in District 23 was requested to supply one quality image depicting an action shot of a fulfilling service project. Unfortunately only about half the Clubs supplied an image. However, aided by the Zonta Club of Perth's PR Committee's skills uniform posters were created from the diverse formats which were received and the display was excellent and created much interest. In addition an electronic version was projected throughout the Conference.

A brief report was given to the Conference by Lennie and this was supported by Val Sarah who showed a DVD on how the Ballarat Club had gone about mounting an exhibition for the public. This DVD was one of two DVDs in a set called *The ABC of an Exhibition and Companion Documentary* which should be helpful for any Club embarking on a similar venture and a copy was given to every Club in the District.

**PLEASE HELP
TO FILL ME UP**



9. Hamper Items for Zonta Film Night

Karina Moore

Helen Margaria is making up some gourmet hampers which will make up the door prizes to be drawn at the beginning of "The Boys Are Back" film afternoon at the Windsor in Nedlands on Sunday November 15th.

Non-perishable gourmet food items or a bottle of wine are required.

If you are unable to make it to the dinner meeting on November 12th and would like to donate an item for the hampers, please call Karina on 0427 214735 and she will arrange to pick up your donation from wherever is convenient for you.

10. Zonta International Headquarters in Chicago

As many members are aware, Zonta International recently left its historic headquarters in downtown Chicago to a new home. Susan Meyer from the Zonta Club of Granbury, Texas made a short video of the old headquarters and this can be seen on YouTube at

<http://www.youtube.com/watch?v=uHHUGhBzgJI>

The video is seven minutes long and shows you through the building on a day when the International Board was having a meeting!



The Old ZI Headquarters building in Chicago



Dr Elizabeth Blackburn
(from The Age website

<http://images.theage.com.au/2009/10/05/771582/420-elizabeth-blackburn-420x0.jpg>



Dr Carol Greider (from

<http://www.hopkinsmedicine.org/dome/0610/images/story/subpages/1a.jpg>



Professor Ada Yonath
From The Jakarta Globe

<http://thejakartaglobe.com/media/images/arge/afp20091007220401791.jpg>



Herta Muller

From http://qdb.rferl.org/FDCDFB6A-741C-4275-B790-DACF0600F47B_mw800_mh600.jpg

Nobel Prize Categories

Physics

Chemistry

Literature

Peace

Economics

Physiology and Medicine

11. Four women win Nobel Prizes

Liz O'Donnell

The following is an article from "Care2causes" found by Marilyn Rainier

There is more to the fact that four women have been awarded Nobel Prizes this year than can be adequately acknowledged by a footnote in the history of the awards or a notch on a timeline of women's history. Nobel Prizes are awarded for achievements in physics, chemistry, physiology or medicine, literature and for peace, areas that are traditionally dominated by men.

This is true even for the peace prize. In his will, Alfred Nobel described this award as designated for "the person who shall have done the most or the best work for fraternity between nations, for the abolition or reduction of standing armies and for the holding and promotion of peace congresses."

The United Nations has acknowledged the lack of women involved in conflict resolution and peace-building processes. And UNIFEM, the U.N. Development Fund for Women, has reported that women, on average, represent less than ten percent of peace negotiation teams.

Not only have women been historically under-represented in the areas that are recognized by the awards, but they have also been under-represented among the nominating bodies. The Nobel Committee invites university professors, scientists, previous Nobel Laureates, and members of parliamentary assemblies to submit candidates for the prizes. These areas too, are typically dominated by men.

The gender imbalances in both the fields recognized and among the submitting bodies, shed light on the significance of four women receiving the award in a single year. Previously three women won in a single year, in 2004.

Certainly the reason for the four awards rests solely on the accomplishments of the recipients, regardless of sex.

- **Dr. Elizabeth Blackburn** is the Morris Herztein Professor of Biology and Physiology in the Department of Biochemistry and Biophysics at the University of California. **Dr. Carol Greider** is the Daniel Nathans Professor & Director Molecular Biology & Genetics, Johns Hopkins University. Together with Dr. Jack Szostak, Professor of Genetics at Harvard Medical School, they have made major breakthroughs in cancer research.
- **Professor Ada Yonath** is the Martin S. and Helen Kimmel Professor of Structural Biology and Director of The Helen and Milton A. Kimmelman Center for Biomolecular Structure and Assembly. She, along with Venkatraman Ramakrishnan and Thomas A Steitz, were recognized for "studies of the structure and function of the ribosome," work that will impact the development of antibiotics.
- **Herta Muller** recipient of the Nobel Prize in Literature, has amassed an impressive, moving, body of work.

However, women's accomplishments have gone unnoticed in the past. So it is worth contemplating what, if anything, has changed resulting in a better representation of women among the Laureates. Is it merely a numbers game --more women entering science, government and higher education means more women nominees? Does it reflect a shift in attitudes – scientists, world leaders and important writers are no longer viewed as traditional male-only roles? And is it an indicator of future opportunities and gender parity for women worldwide? Either way, it's progress.



Kay Poustie at Founders Day Dinner
2008

12. Vale Kay Poustie OAM – Zontian Extraordinaire

It was with great sadness that we heard of the death of Kay Poustie last week. Kay was a member of the Zonta Club of Perth Northern Suburbs who gave so much of herself to help and inspire those around her. Most members of our club would have worked with Kay on one project or another!

During her Zonta 'career' Kay held office at Club, Area, District and International levels and was always willing to guide and mentor Zontians on a huge range of Zonta projects. This biennium she was Chair of the District 23 Legislative Awareness and Advocacy Committee and earlier this year she updated the D23 Advocacy Booklet.

Members will remember Kay with fondness as a caring, hardworking, 'can do' person who was the consummate advocate. She will be sadly missed.

13. Diary Dates

November 7th 2009 Founders' Day Dinner

Celebrating Zonta Internationals' 90th Birthday and presenting Area 3 Woman of Achievement Award and D23 Jane M Klausman Women in Business Award

Where: Lake Karrinyup Country Club, North Beach Rd, Karrinyup

Time: 6.30pm for 7pm. **Cost:** \$75

November 12th Dinner meeting at St Catherine's College 6.15 for 6.45pm

November 14th East African Dinner

In aid of "Schools for East Africa Inc.

Good Food, Good Music, Good Friends and Good Cause

Where: 43 Tryrell Street, Nedlands

When: 7:30pm – 11:30pm

Cost: \$50 Tickets available from Kerry on 042 889 5210 or email us at schools4eastafrika@yahoo.com

November 15th at 4.30pm "The Boys Are Back"

Zonta Club of Perth Fund Raiser. Special Screening of 'The Boys are Back' at Windsor Cinema, Nedlands. Tickets \$15. Entry by ticket only. Tickets from Marg: email: mgiles@westnet.com.au or tel: 9383 1083

November 18th Invitation to The Zonta Club of Swan Hills Awards Night

Where: The Mallard Duck, 10 John Street, Henley Brook

Time: 6.30pm for 7pm

Cost: Dinner - \$32 (includes glass of wine or soft drink) Wine - \$3 per glass Raffle - \$1 per ticket

RSVP: by Monday 16th November

November 25th White Ribbon Day Amnesty

Get Involved – 16days of Activism Against Gender Violence

This year we are asking you to organize or participate in an event to show your ongoing commitment to ending violence against women and embrace this year's theme

Commit – Act – Demand We Can End Violence Against Women!

Where: Women's Council for Domestic Violence Services, Perth Business Centre WA

When: Wednesday November 25th 9.00am – Thursday December 10th 6pm

November 28th Astrofest, Curtin University 2pm-10pm

March 8th – UNIFEM International Women's Day Breakfast, Grand Ballroom, Hyatt Hotel, 7am to 9am.

Make a note in your diary for this 7am to 9am event! Our club has been helping to organise this event and it promises to have excellent speakers and displays (including our own!).

Newsflash

*Angela Sawyer, our
2009 Area 3 and
District 23 recipient of
the Jane M Klausman
award is one of the 12
International
Recipients!*

*At the Founder's Day
Dinner
on November 7th
Angela will be
presented with
cheques for her Area 3,
District 23 and now the
US\$5,000 ZI Award!*

Want to know what is happening in your club? Visit www.zontaperth.org.au