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## Club Meetings

**Apologies by 12 noon**

**Previous Monday**

Second Thursday of the  
month, 6.15pm for  
6.45pm at The University  
Club, UWA.

To: Lennie McCall  
Tel: 9384 3235

## InZert

Please send any articles  
or photos for InZert to:

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## Help—Clothes needed!

*Kathy Charlesworth*

*In mid June, Karen Groves, Chair of the Ngarinyin Committee, received a call for help from our Ngarinyin friends. There had been a cold snap and the community desperately needed warm clothes. The club rallied round members, friends, St Catherine's College and UWA and 30 boxes of clothes were sent to the Kimberley. This letter received from Zonta friend, Kathy Charlesworth shares what happened when the boxes arrived! Ed.*

Finally, news has filtered down from the Kimberley that all the boxes of clothes that everyone seemed to have a hand in, have finally arrived at their destination.

So from the packing up and gifting by individual Zonta members to their storage in Jean Oldham's dining room (much to Jean's and John's mirth watching the comings and goings of the rallying of Zonta-Mob, plus their journey across to Fiona's Crowe's dining room for final sorting and packing) the clothes story is just about finished.

Yvonne Burgu is back at Gibb River (Ngallangunda) and she has begun the gifting and sorting out for a fairly-even distribution to all the communities along the Gibb River Road which has also included special boxes for Pansy, Gilgie and Lucy Ward.

The boxes that Katina Law carried up ahead of the other 30 boxes that followed, resulted in a mob of little kids running around sporting a St Catherine's logo - hopefully that will be a good omen for the future to get the kids down here in the city for further study.

Yvonne said "everyone was looking really fresh in their new clothes" - and she would be holding back some of the woolies for the



*During our visit to the Kimberley we all experienced first hand those cold nights! .L-R, Lucy, Maudie, Karen, Sciona, Marlene, Jacquie, Margaret, and Wendy*

next cold time - also sent her sincere thanks to everyone - "Zonta-mob have been really strong friends to Ngarinyin people, and please say thank you from us mob and for trucking mob".

Also my sincere thanks to everyone involved. I think that it was Michelle Collins who mentioned that she was impressed with the high quality of the clothes which included brand new wind-cheater, baby clothes and handbags. I guess Old Maudie (87yrs) has laid claim to one of the many handbags sent north and one can be quite sure that it's now home to Old Maudie's ubiquitous fishing line and the mandatory pack of cards she uses to cheat her grand and great grand-kids when they play cards together after school.

Finally before closing the Clothing Story off - a huge thank you goes to Peter Zee from Pacific Transport Midvale who organised the trucking at Mates Rates - the pallet arrived in good nick and the gesture of goodwill coming from Pacific Transport is now warmly acknowledged by all involved in this success story. Thank you Peter. Warm regards,  
Kathy Charlesworth.



## 2006-2008 International Service Program Projects

*This is a summary of the International projects adopted at Convention. See [www.zonta.org](http://www.zonta.org) for more information.—Ed.*

### New Projects

#### **CARE International: Education and Leadership for Girls and Young Women in Bolivia**

##### **Project Focus:**

*Women's Education, Health, and Economic Self-Sufficiency*

##### **2006-2008 Funding:**

*US\$250,000*

For various cultural and economic reasons, girls in Bolivia are more likely than boys to be denied schooling. Many rural parents keep their daughters at home to care for siblings, or they send them into urban areas to seek employment.

CARE's **Education and Leadership for Girls and Young Women** project will provide working girls and young women (ages 13-25)

in around La Paz, Bolivia, opportunities to learn at night, in order to improve their status, well-being, and the opportunities available to them. The project will:

- reach 1,300 young working women and 150 teachers who teach girls in night school
- provide working girls and young women with literacy and numeracy skills and improve their chances of finding better jobs.
- include a special focus on women's health education,
- help young women develop marketable technical skills that will give them opportunities to increase their income-earning potential.

#### **United Nations Industrial Development Organization (UNIDO): Support for Revival of Rural Community-based Self-Help Initiatives in Sri Lanka**

##### **Project Focus:**

*Women's Economic Self-Sufficiency*

##### **2006-2008 Funding:**

*US\$250,000*

The tsunami disaster that occurred on 26 December 2004, affected the coastal belts in the Southern, Northern and Eastern provinces of Sri Lanka. In addition to the loss of some 40,000 lives and destruction to buildings and infrastructure, the disaster affected hundreds of micro and small businesses in rural areas.

Some 12 months later, it has become even more important to revive and re-establish the livelihood of the people, especially women, affected by the tsunami in order for the local economy to recover from the natural disaster, as well as for the communities to start longer term development of the Regions.

The project will

- improve the livelihood of the communities affected by the tsunami in the North and East regions, through improved agriculture-based productive skills and enhanced access to markets of women and women's groups.
- will work closely with the private sector, particularly small business enterprises, as well as various local support schemes and self-help initiatives.

### Continuing Projects

#### **CARE International: Mata Masu Dubara "Women on the Move," Phase II**

##### **Project Focus:**

*Women's Economic Self-Sufficiency and Health Education*

##### **2006-2008 Funding:**

*US\$300,000*

The goal of Phase II is to reduce the risk of HIV/AIDS and its

physical, social and economic consequences for at least 5,100 women and their dependent children in the Bouza district of the Tahoua Department (state) in Southern Niger by 2008.

The project will:

- Include HIV/AIDS education
- Empower women to take on new challenges facing them because of AIDS.
- help women purchase HIV-related services and care;
- build networks of Mata Masu Dubara groups;
- care and mentor HIV/AIDS orphans (74% of whom are female).

#### **AFGHAN INSTITUTE OF LEARNING (AIL): Developing Community-based Efforts to Educate Afghan Women and Girls**

##### **Project Focus:**

*Women's Education and Health*

##### **2006-2008 Funding:**

*US\$100,000*

After decades with no opportunities to learn, rural and poor urban Afghan females have begun learning literacy and income generation skills at AIL's Women's Learning Centers (WLCs) and formed their own Community Based Organizations (CBOs) for women and girls.

This project will

- provide educational classes through WLCs and CBOs for approximately 650 women and girls each year
- Support at least two CBOs to receive training and small amounts of financial support to develop their programs, improve their program quality, and sustain their grassroots efforts.
- Train at least 100 women each year
- Provide health education to 24,000 women and children each year through its clinics.

# What's been happening in our Club?

## Fun and Bone Raising Event Wed July 19<sup>th</sup>

*Sharee van den Berg*

The evening began with a welcoming glass of champagne and a general gathering of excited Zontians and guests.

While we mingled, snacking on canapés, the capable Finance and Fundraising team ensured that everything was attended too and put the finishing touches to the professional display that was about to occur.



The formalities of the evening began as Zonta Club of Perth president, Lori Grech welcomed all and introduced Judy Tennant who would formally introduce our guest speaker, Fiona Crowe. Judy spoke of Fiona's achievements and accolades priming the audience for an informative presentation.



Fiona is a forensic archaeologist and drew from her broad knowledge base to give an interesting and enthusiastic insight into ancient Roman life.

She spoke with the assistance of a photographic display and shared her understanding of how life was in ancient Roman civilization.



Interesting points such as determining their diet through carbon isotope testing, the realization that many lived an active water lifestyles by examining bony growths in their ear canals and the gross loss of life in the modern city that was Rome through diseases that still plague us today like malaria.



After Fiona's presentation she was given a beautiful floral bouquet featuring the Zonta Yellow Rose as a gesture of our appreciation.

Door prizes and raffle winners were also drawn. Several guest's were lucky winners as were two of our own members – Tricia Summerfield and Michelle Jennings!

The evening was very successful in achieving the aim of fellowship and

fun. As a bonus it was also a great fundraiser, with funds of \$955 being raised which will contribute to local and international Zonta projects.



## Visit to refuge...

*Lori Grech*

Jacqueline Hope and Lori Grech have arranged an **afternoon tea** on **Saturday 19th August** at the **Zonta House Refuge**.

This will provide an opportunity for those members who have not been to the refuge to see the accommodation and to hear about the work that is being undertaken.

Interested members please register with Jacqueline Hope as soon as possible.

We would like to have some idea of numbers for catering purposes and to ensure that there is sufficient interest to warrant asking the Manager to give up her valuable Saturday afternoon to attend.

### Visit details:

**On: Saturday 19<sup>th</sup> August**

**From: 2pm to 4pm**

**Contact: Jacqueline Hope**

**0419 953 193**



## What's been happening in our community?

Through our web page, we hear about many events and issues that could be of interest to many members. Here is a summary of this month's crop! - Ed.

### Women walking for women



Soroptimist International Fremantle President, Marilyn Fowler, has invited us to join her in *Women Walking for Women Survivors of War - An International Sponsored Walk on Saturday 23<sup>rd</sup> September 2006 at 10 am.*

(Saturday closest to International Day of Peace on 21st September).

The walk will commence from the car park at the Rottneest Ferry terminal in Beach St East Fremantle to Zepha's café park and back to the Beach St Café this approximately 5 Km's

Suggested entry fee \$5 or get work colleagues and family to sponsor you @ \$1.00 per km The walk will culminate at a coffee shop!!! Car park is 50 cents an hour.

Proceeds will go towards SI's Project Independence that will help women survivors of war in Afghanistan, Bosnia Herzegovina and Rwanda.

### Carer Services

Most people are not aware of the range of community and health services available to them until circumstances – usually unplanned, place them in the position of needing to know. At this time it is difficult to know what to do, where to start or who to call!

The Australian Government formed the **Commonwealth Carelink Centres** as a **central point of contact** for **free** information about community aged care, disability and other support services. Staff are able to explain

the range and availability of services such as home help, gardening, personal care, meals, and/ or transport which assist people to live independently at home.

One community service is the **Commonwealth Carer Respite Centre**. This program which is co located with the Carelink centres was developed to provide support to **people who are caring for a family member or friend at home who is frail aged, has dementia, or with a disability or terminal illness**.

The Centres which in East and South East Metro, and regional South West

are run by the Australian Red Cross are able to respond to a wide range of circumstances and needs by providing assistance in an emergency or on planned one-off basis for example when the carer is ill, going into hospital, not coping or just needing a break.

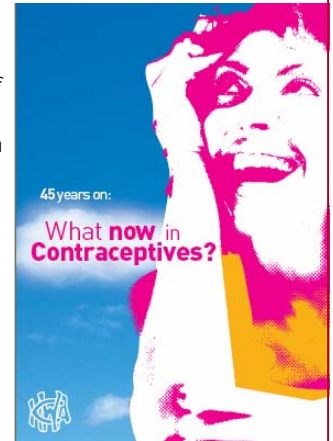
If you want more information about these services, please contact Judy Waymouth, the Metro East Co-ordinator of these services on (08) 9421 6300 or email [mecrc@redcross.org.au](mailto:mecrc@redcross.org.au)

### What now in contraceptives?

Kath Mazzella kindly forwarded an email about this book recently produced by the National Council of Women in Australia. This 24 page book is available in pdf format from the NCWA website.

[http://www.ncwa.org.au/publications/ncwa\\_45\\_years\\_on.pdf](http://www.ncwa.org.au/publications/ncwa_45_years_on.pdf)

It is well worth a look as it outlines in straightforward, no nonsense terms the pros and cons of various forms of contraception.



### Inquiry into gynaecological cancer in Australia

An inquiry into gynaecological cancer in Australia is currently being undertaken by the Senate.

Follow the link below to find out more about the terms of reference, submissions received, and how you can get involved with Senate Committee enquiries. Flex your democratic muscles!

[http://www.aph.gov.au/senate/committee/clac\\_ctte/gynaecological\\_cancer/index.htm](http://www.aph.gov.au/senate/committee/clac_ctte/gynaecological_cancer/index.htm)

Thanks to Kath Mazzella for keeping us informed.

## Zonta Club of Peel Region—Missing Persons’ Memorial

*This lovely photo and article from the front page of the Mandurah Coastal Times of June 21-27 was forwarded by Yvonne Roberts. If you are visiting Mandurah don't forget to check it out. Ed.*

A long held dream of Peel Region Zonta Club for a missing person's memorial in Mandurah has finally been realised after more than six years.

The memorial was dedicated in June at the old war memorial site on the eastern foreshore.

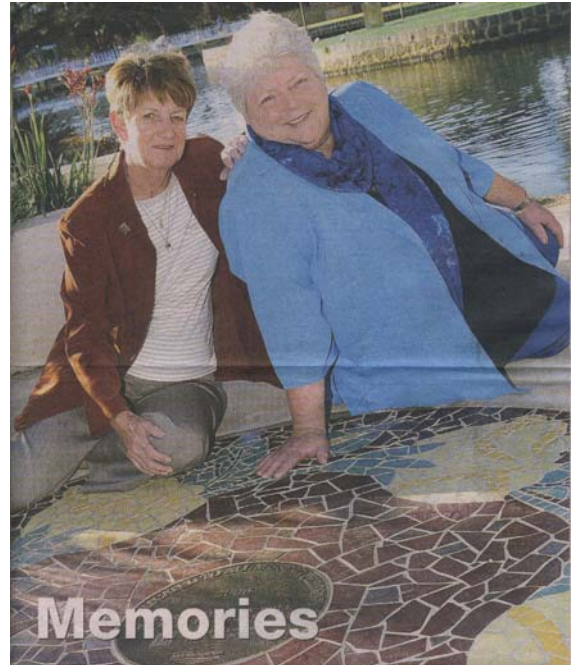
Former Zonta president Joyce O'Loughlin was at a conference in Tasmania when she heard of a similar memorial at Queenborough.

"The Peel Club had been thinking for some time of having a Zonta rose garden and the idea of combining the two appealed to me," she said.

"The family of a missing person not only has the trauma of losing a loved one, but there is the wondering what has happened to them. Normally someone has a grave to visit on special occasions, but a missing person's relatives and friends do not have that comfort. We want to provide those friends and relations with somewhere quiet and reflective where they can perhaps lay a flower and grieve for their loss."

The highlight of the memorial is a three-metre mosaic created by South Mandurah Uniting Church craft group and Zonta members. Relatives of missing people can place bronze plaques at the memorial.

Mrs O'Loughlin paid tribute to Mandurah City Council and the council workmen who took such care with the memorial.



*L-R: Joyce O'Loughlin and Paddi Creevey admire a new memorial on the eastern foreshore in Mandurah.*

## Zonta Club of Swan Hills has new venue

Just to keep you informed, the Swan Hills Club has changed its meeting venue to Carilley Estate, Lot 23 Hyem Road, Herne Hill.

The reason for our move - Isadora's Cafe has been sold by Alain & Julie and is now operating as a Thai restaurant.

We would be pleased to welcome you to any of our meetings, on the third Wednesday at 6.30 for 7.00pm.

Regards

*Elaine Newman  
President*

## Founder's Day Dinner—11th November

This year's event is being hosted by the Zonta Club of Swan Hills.

This night of celebration will be held at Guildford Grammar School, 6.30 for 7pm.

The Woman of Achievement Award is traditionally presented at this dinner and it is an opportunity for members of all the clubs in Area 3 to meet and enjoy each other's company.

Put the date in your diary now and contact Dee Saunders to book your place.

- Earlybird tickets \$65 if purchased before 3rd October.
- Otherwise will be \$65 if purchased before 20th October.
- Contact-  
dee.saunders@mainroads.wa.gov.au



*The Area 3 Woman of Achievement for 2005 was Kath Mazzella founder of the Gynaecological Awareness Information Network—and who was nominated by our club.*

*L-R: Kath Mazzella with Marilyn Piper, Chair Service Status of Women 2005-2006.*



## Birthing Kit Assembly Day —24th September

This event will be a little different as we are joining with UWA medical students to assemble the kits together.

It never ceases to amaze people that a little package consisting of a small sheet of plastic, a bar of soap, scalpel, string and disposable gloves can actually save lives!

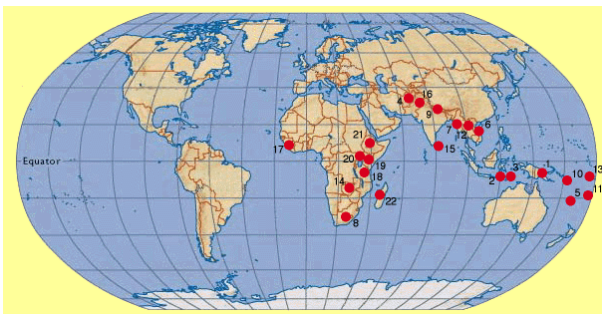
Remember that someone dies every minute somewhere in the world as a result of giving birth in a dirty environment. You can make a difference by helping to assemble the kits.

Date: 24th  
September  
Time: 1pm onwards  
**Put this date in your diary.  
Call Deborah Hegarty on  
0408 891 556 to let her  
know that you will be  
there!**

**New venue FJ Clarke  
building Ground Floor  
P Block QEII Medical  
Centre, Caladenia Cres,  
off Monash Avenue,  
Nedlands (public parking  
opposite building)**

About 100,000 kits have been assembled by Zonta Clubs in Districts 23 and 24 this year—but more are needed! This is truly a national project.

Kits have been distributed to Papua New Guinea, West Timor, East Timor, Afghanistan, Fiji, Vietnam, Burma, South Africa, Nepal, Solomon Islands, Tonga, Laos, Samoa, Zambia, Sri Lanka, Pakistan, Sierra Leone, Tanzania, Kenya, Uganda, Ethiopia and Madagascar—in other words, to all the red dots on the map below!



By the way, a photo from our last assembly day featured in the national Zonta Birthing Kit Project Newsletter in July 2006!

WANT TO KNOW  
WHAT'S HAPPENING IN OUR  
CLUB?  
VISIT OUR WEB SITE AT  
[www.zontaperth.org.au](http://www.zontaperth.org.au)

## Diary Dates

**10 August 2006—Club Dinner Meeting, UWA  
6.15 for 6.45 start.**

Come and hear our guest speaker, Judge French, talk about women in the judicial system. Sounds fascinating.

**10 August 2006—GAIN Cocktail Party, UWA,  
6-8.30pm**

Ian Frazer 'Australian of the Year' will be the Guest Speaker. Entertainment is by Latin dance group Kuerazo and capoeira specialists - Bantus. Tickets are \$75 each, which include canapés, Swan Valley wines, lagers and soft drinks. Bookings are through BOCS Ticketing 9484 1133 or [www.bocsticketing.com.au](http://www.bocsticketing.com.au)

**19th August 2006—Afternoon Tea at Refuge  
2pm to 4pm**

Great opportunity to see what happens at the refuge. Please register your interest ASAP with Jacqueline Hope on 0419 953 193.

**10 September 2006—The Great Gynae Day Out",  
Hyatt Regency, Perth, 10am to 4pm**

A celebration and information day with the key message 'Beyond the Research'. Will involve information sessions, dance workshops, multicultural entertainment, cooking demos, etc. Tickets are \$20, (Conc/GAIN \$15, students \$10, children under 12 free). Contact BOCS Ticketing 9484 1133 or [www.bocsticketing.com.au](http://www.bocsticketing.com.au) and entry includes a light lunch and refreshments.

**14 September 2006—Club Dinner Meeting,  
UWA, 6.15 for 6.45 start.**

Helen Margaria and Michelle Jennings will provide member profiles.

**23 September 2006—Women Walking for  
Women. Soroptomists International.  
Departing Rottneest Ferry terminal, Beach St,  
East Fremantle at 10am.**

**24 September 2006—Birthing Kit Assembly  
Day Physiology Lab, UWA from 1pm.**

This special day is in partnership with UWA Medical Students. Please let Deborah Hegarty know if you can come on 0408 891 556.

**11 November 2006—Founders Day Dinner,  
6.30 for 7pm.**

This event will be hosted by Zonta Club of Swan Hills and held at Guildford Grammar. Earlybird price \$60 if paid before 3rd October. RSVP to [dee.saunders@mainroads.wa.gov.au](mailto:dee.saunders@mainroads.wa.gov.au).

**14-16 September 2007—District 23  
Conference, Tasmania**

—make a note in your diary now! Tasmania will be beautiful at this time of year.